

RAINBOW



LV Prasad Eye Institute
LV Prasad Marg, Banjara Hills
Hyderabad, INDIA



**Dr P R K Prasad Centre
for Rehabilitation of
Blind and Visually Impaired
&
Meera & L B Deshpande
Centre for Sight Enhancement**

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'Fall seven times, stand up on the eighth!'

A group of frogs were travelling through a forest, when two of them fell into a deep pit. When the other frogs saw how deep the pit was they told the two frogs that they were as good as dead. The two frogs ignored the comments and tried to jump out of the pit with all their might. The other frogs kept telling them to stop, as it would be of no use. Finally, one of the frogs listened to the other frogs' advice and gave up. He fell and died.

The other frog continued to keep jumping as hard as he could. Once again, the other frogs yelled at him to avoid all the pain and effort and just give up and die. He jumped even harder and finally landed outside the pit. The other frogs said, "Did you not hear us?" The frog explained that he was deaf – he thought they had been encouraging him all this time!

This story teaches us two lessons:

1. There is power of life and death in the tongue. An encouraging word to someone who is down can lift them up and help them make it through the day.

2. In the same way, a destructive word to someone who is down can be the last straw that kills them.

Jokes

1. The teacher asked little Ram if he knew his numbers.

"Yes," he said, "I do. My father taught me."

Teacher: "Good. What comes after three?"

Ram: "Four,"

Teacher: "What comes after six?"

Ram: "Seven."

Teacher: "Very good! Your dad did a fine job. What comes after ten?"

Ram: "A jack."

2. **Father to son after exam:**

"Let me see your report card."

Son: "My friend just borrowed it. He wants to scare his parents."

3. **Son:** "Dad, will you do my math for me tonight?"

Father: "No, son, it wouldn't be right!"

Son: "Well, you could try."

4. **Teacher:** "Where does God live?"

Little boy: "I think he lives in our bathroom."

Teacher: "Why do you say that?"

Little boy: "Well, every morning my daddy bangs on the door and says, 'God, are you still in there?'"

5. **Teacher:** "If $1+1=2$ and $2+2=4$, what is $4+4$?"

Deepak: "That's not fair! You answer the easy ones and ask us the hard one!"

Pearl of wisdom

The future depends on what we do in the present.

– Mahatma Gandhi

Abbreviations

HOD	Head of the Department
VRS	Voluntary Retirement Scheme
ISO	International Organization for Standardization
FAQ	Frequently Asked Questions
UPSC	Union Public Service Commission

Riddles

1. Can you tell me the cheapest way of seeing the world?
2. Which alphabet of the English language is an organ of the human body?
3. A man goes to the market to buy some fruits – can you guess what the fruit is? (answer hidden in the question)

(Answers on page 5)

Just Guess

Select the right answers to these questions.

- I went to the park to play. What did I find there?
 - A swing**
 - A television
 - A ship
- It started to rain. What did I need?
 - A computer
 - Shoes
 - An umbrella**
- I got wet and fell ill. Whom did my mother take me to?
 - A doctor**
 - A policeman
 - An engineer
- The doctor said I have fever. How did he know?
 - By a thermometer**
 - By a stethoscope
 - By a syringe
- The doctor gave me something to make me better. What was it?
 - Ice-cream
 - Medicines**
 - Chocolates
- Next morning I was better and went to school. What did I take with me?
 - A pressure cooker
 - A computer
 - A school bag**
- Our teacher told us a story about the king of the jungle. Who was he?
 - A monkey
 - A donkey
 - A lion**

Pearl of wisdom

Try not to become a man of success but a man of value.

–Albert Einstein

About computers

1. Which device is used by a computer to display graphics and information on a video screen?
 - a. A keyboard
 - b. A CPU
 - c. A modem
 - d. **A monitor**
2. A device consisting of a number of mechanical buttons, which the user presses to input characters to a computer.
 - a. A typewriter
 - b. A mouse
 - c. **A keyboard**
 - d. A game pad
3. This can also be called the brain of the computer.
 - a. **A CPU**
 - b. A UPS
 - c. RAM
 - d. ROM
4. Which device is used to print text and images on paper?
 - a. **A printer**
 - b. A scanner
 - c. A CD writer
 - d. A tablet
5. A device used for converting text and images into a digital format and storing it in a computer.
 - a. A printer
 - b. **A scanner**
 - c. A CD writer
 - d. A plotter

Answers to Riddles

1. Buy a map.
2. The 'I' (Eye)
3. Mango – Man-goes

Chess Champion Viswanathan Anand

Viswanathan Anand, popularly known as the 'Tiger from Madras', was the first Asian to win the World Chess Championship title. He was born on December 11, 1969, in Chennai to Krishnamurthy Viswanathan and Susheela. His father retired as general manager of Southern Railways.

He started playing chess at the age of 6. He learned the game from his mother. His parents encouraged him and used to take him to the local Chess Club. Young Anand had an exceptional memory and an ability to grasp things fast which made him excel in the game.

He has won many titles, starting from a very young age. Anand became India's

Sub-Junior Chess Champion at 13; at 16 he became the National Champion. In 1987, he became the first Asian to win the World Junior Chess Championship at Baguio City, Philippines, and in 1988, Anand became India's first Grandmaster.

In September 2007 Anand again became the World Champion by winning the FIDE World Championship Tournament held in Mexico City. In 2008, Anand retained his World Class Chess title with a draw against Vladimir Kramnik, Russia. With this victory, he achieved the unique distinction of winning this in three formats – knockout format in 2000, tournament format in 2007 and match format in 2008.

Anand married Aruna in 1996; she supports him in all the preparations for his tournaments. This humble man has received many awards such as Arjuna award, Padma Shri, Padma Bhushan, Padma Vibhushan and Chess Oscar Award. Though this genius has achieved so much he remains a simple man.

Pearl of wisdom

"Coming together is a beginning; keeping together is progress; working together is success."

– Henry Ford Sr.

Integrated summer program – 2009

The integrated summer program 2009 for visually challenged children and their sighted siblings was a grand success (May 18-30, 2009). A total of 35 children, between 5 and 15 years of age, took part in the program organized by the Dr PRK Prasad Centre for Rehabilitation of the Blind and Visually Impaired. They learnt yoga, arts and crafts, danced and sang, played games, and improved their skills at general knowledge and elocution. They went on field trips to Jersey Dairy milk packaging plant and Radio Mirchi studio. The children enjoyed interacting with other children and staff members from all departments of the Institute. The program offered the children an opportunity to showcase their creativity and talent, and enhance their confidence and self-esteem, through social interaction. All the children received certificates, prizes and special gifts.

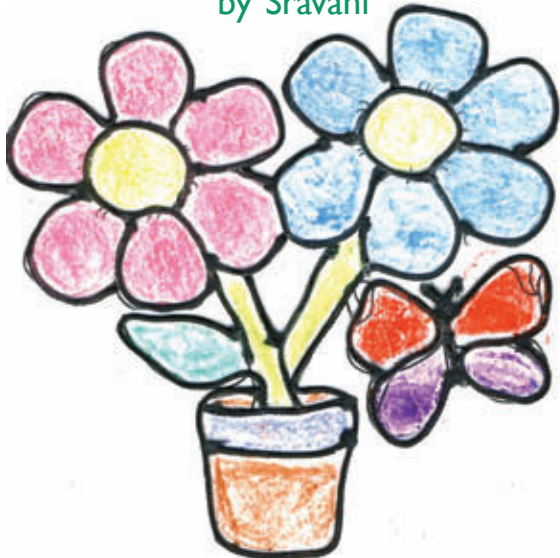
Artworks by our children at the Integrated Summer Camp



by Sravani



by Sai kiran



by Vishnu Varun



by Madhav Kumar

For more information please contact

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Greeting cards based on paintings by children with visual impairment are available for sale. Please contact Vision Rehabilitation Centres, LVPEI.